Senior Charter

THE CITY OF THUNDER BAY SENIOR CHARTER BUILDS ON THE UNITED NATION'S PRINCIPLES OF AGE-FRIENDLY **COMMUNITIES FOR OLDER PERSONS. THIS CHARTER RECOGNIZES THE SPECIFIC CHALLENGES AND THE LIFE-CHANGES FACED BY OLDER ADULTS AND THE** VALUABLE **CONTRIBUTION THEY MAKE TO SOCIETY. WE CONFIRM THE PRINCIPLE STATING EACH PERSON SHOULD HAVE: SOMEONE OR SOMETHING TO CARE ABOUT, SOMETHING MEANINGFUL TO DO, AND** SOMETHING TO LOOK FORWARD TO EVERY DAY.

Our Pledge

We pledge to improve the quality of life of seniors, by working with them to develop services and strategies that respond to their circumstances, aspirations, and varying needs. We will achieve this goal by embedding the principles of the Senior Charter into all decision making processes of the city and community. We will strive to ensure there are provisions for:

- 1. A quality of life that meets physical, intellectual, emotional and social needs.
- 2. Nutritious food daily.
- 3. Access to a safe, accessible, affordable place to live.
- 4. Access to individualized quality care and services and meaningful activities within their chosen residence.
- 5. Safe, accessible well-lit places to enjoy recreational and leisure activities.
- 6. Access to affordable transportation.
- 7. Opportunities for self-fulfillment through access to affordable education, training and the sharing of knowledge/skills with all generations.
- 8. Public and private resources that put the health and well-being of older adults first by ensuring adequate funding for dedicated programs.
- 9. Assurance of full respect for individual rights, dignity, beliefs, needs, and privacy.
- 10. Protection form negligence and all forms of abuse and/or exploitation.
- The right to remain involved and integrated in society, through the opportunity to work, volunteer and actively participate in the formulation and implementation of policies directly affecting their well-being.



